




Website news item

Cut and paste this text onto your school homepage or into a newsletter to share your achievement with your community.

Your school website

School news



Mission: CPR

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On *[insert date here]* we trained a staggering XX young people in life saving CPR skills. A cardiac arrest can happen to anyone at any time and as part of our commitment to keep our pupils safe we joined forces with the BHF and signed up to Mission: CPR. We used a state-of-the art CPR training kit to teach 35 pupils at a time. Ask your children to share this vital skill with you at home.



Take pictures of your events

Take photos of your CPR trainings that capture the importance of your mission



Upload to your school website

Add the number of pupils you trained to the standard text and share the news.



Press release

Adapt this press release and send to your local newspaper to celebrate CPR training in your school.

Share your CPR achievements.

X School trains X life savers in British Heart Foundation's biggest national CPR event

On *[insert date here]*, X School took part in Mission: CPR, a mission to create a nation of life savers. Over the course of the day the school ran X 30-minute CPR training sessions, putting the power to save local lives in the hands of its teenagers.

The pupils learned child and adult CPR, how to put a casualty in the recovery position and how to use a defibrillator. Currently only 1 in 10 people survive an out-of-hospital cardiac arrest but this school, and others who also took part across the country, aim to change that. Their CPR training could mean the difference between life and death for any of the 30,000 people who have a cardiac arrest every year.

Young person X X said, "Taking part the CPR training was an amazing experience. I now feel that I could act in an emergency and feel proud to have taken part in such an important national event."

Headteacher X X said, "Raising awareness of heart disease and seeing our teenagers learning such an important life skill, chimed with so many aspects of the curriculum that we hope to make Mission: CPR a regular event at our school."

The British Heart Foundation provided all secondary schools taking part in Mission: CPR with a free state-of-the-art CPR training kit that can be used again and again.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk