



Mission: CPR checklist

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Have you booked a room?

Have you explained to your trainees why their CPR training is important?

Is the training DVD in a position everyone will be able to see?

Lay out the mats, mannequins and sterile wipes

Set up a sign-in sheet so you can report your numbers back to the BHF

**FIGHT
FOR EVERY
HEARTBEAT**

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It takes about 30 seconds to inflate each mannequin so you can get young people to do their own as they arrive.