



British Heart
Foundation

Your child's health

Information and support

Caring for a child with a long term condition like heart disease, can be tough. But, you don't have to do it alone. There are lots of places you can go for information and support.

Visit our website at bhf.org.uk to find out more about our work, and to see our range of free resources.

BHF support for children and young people:

Aged 7 – 11 with a heart condition?

Visit cbhf.bhf.org.uk for more information.

Aged 13 – 19 with a heart condition?

Visit yheart.net for more information.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

Children's charities and organisations

Action for Sick Children

Web: actionforsickchildren.org.uk

Tel: 0800 074 4519

Cardiac Risk in the Young

Raising awareness of Young Sudden Cardiac Death (YSCD)

Web: c-r-y.org.uk

Tel: 01737 363222

Children's Heart Association

Web: heartchild.info

Tel: 01706 221988

Contact A Family

For families with disabled children

Web: cafamily.org.uk

Tel: 0808 808 3555

Heartline

Web: heartline.org.uk

Tel: 0330 022 4466

Little hearts matters

Support and information for families of children with only half a heart, and other conditions.

Web: lhm.org.uk

Tel: 0121 455 8982

Newlife Foundation for Disabled Children

Web: newlifecharity.co.uk

Tel: 0800 902 0095 (Nurse helpline)

The Children's Heart Federation

Web: chfed.org.uk

Tel: 0808 808 5000

The Scottish Association for Children with Heart Disorders (SACHD)

Web: younfheart.info

The Somerville Foundation

Supporting young people and adults with congenital heart disease

Web: thesf.org.uk

Tel: 0800 854759 (Patient helpline)

Heart Helpline

Our cardiac nurses and information support officers are here to answer your questions and give you all the heart health information and support you need.

Call us on 0300 330 3311

Similar cost to 01 or 02 numbers.
Lines are open 9am - 5pm Monday to Friday.

This information does not replace the advice that your doctor or nurse may give you. If you are worried about your heart health in any way, contact your GP or local healthcare provider.

Helping children worldwide

These charities offer help and support for children with heart disease, particularly those born in developing and war torn countries where access to healthcare is limited.

Chain of Hope

Web: chainofhope.org

Tel: 0207 351 1978

Children's Hearts

Web: childrenshearts.org.uk

Tel: 0208 241 6749

Hospitals and services

The British Heart Foundation is not able to recommend individual hospitals or specialists, and there are too many for us to list. Your child's GP will provide you with all the information you need regarding care and treatment for their condition in your area.

To find out more about NHS hospitals and services, and look at performance data visit

nhs.uk/Service-Search/performance/search