



British Heart
Foundation

Money issues

Heart conditions and money issues

If you, or someone in your family, have a heart condition it can have a serious impact on your finances, which can lead to stress and worry.

You may be entitled to financial support and there are several organisations to help you.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

Helpful websites

Gov.uk

The government website [gov.uk](https://www.gov.uk) provides a wealth of information about benefits, including tax credits and eligibility, debt and pensions. If you live in Northern Ireland visit [nidirect.gov.uk](https://www.nidirect.gov.uk).

Department for Work and Pensions (DWP)

The DWP is responsible for welfare, pensions and child maintenance policy. You can find out more at [dwp.gov.uk](https://www.dwp.gov.uk).

Benefits calculators

Try using one of the calculators below to find out what benefits you could get and how to make a claim.

- [Entitleto](#)
- [Turn2us](#)

Citizens Advice Bureau (CAB)

The CAB offers free money advice and support. Visit [citizensadvice.org.uk](https://www.citizensadvice.org.uk) for more information and to find your local CAB office.

Money Advice Service

Set up by government the Money Advice Service offer free and impartial advice to help people manage their money. You can access their service online, by phone and face to face. For more information, visit [moneyadviceservice.org.uk](https://www.moneyadviceservice.org.uk) or call 0300 500 5000.

National Debtline Agency

The National Debtline is a free service run by the charity Money Advice Trust. For more information visit [nationaldebtline.org](https://www.nationaldebtline.org) or call 0808 808 4000.

Heart Helpline

Our cardiac nurses and information support officers are here to answer your questions and give you all the heart health information and support you need.

Call us on 0300 330 3311

Similar cost to 01 or 02 numbers.
Lines are open 9am - 5pm Monday to Friday.

This information does not replace the advice that your doctor or nurse may give you. If you are worried about your heart health in any way, contact your GP or local healthcare provider.

Help with health costs

Prescriptions are free to all people in Scotland, Wales and Northern Ireland. If you live in England you may still be entitled to free prescriptions, and/or entitled to help with health costs including dental and optical charges and hospital travel costs. For more information visit nhs.uk.

If you require large quantities of medicine or regular prescriptions you can reduce the cost even if you are not exempt. A prescription prepayment certificate (PPC) could save you money.

The BHF is campaigning hard to make prescription charges fairer.

Sign our petition at bhf.org.uk.

Grants

If you are receiving certain benefits you may be entitled to a cold weather payment. This is currently a payment of £25 for every seven day period of very cold weather (on average below zero degrees Celsius). It is available between 1st November and 31st March. For more information, visit gov.uk/cold-weather-payment.

Grants

There are a number of charities and organisations who may be able to provide financial assistance and other forms of support if you need a little help, depending on your circumstances. (We have no affiliation with these charities and you will need to contact them directly for further information.)

Turn2us are a charity who offers help online, over the phone and face to face. They have developed a searchable database containing information on over 3000 charitable funds offering welfare and educational grants, as well as other support and services. To search for a grant visit turn2us.org.uk.

You can also contact Turn2us for general information and advice about money issues by:

Calling their helpline: 0808 802 2000
(Lines are open 9am to 8pm Monday to Friday.)

Emailing: info@turn2us.org.uk

Or writing to:
Turn2us
Unit 9
Cefn Coed Parc
Nantgarw
Cardiff CF15 7QQ.