



British Heart
Foundation

Medical alert: products and services

Medical alert

Several medical alert products and services are available which can provide vital information about your health or condition, if you are unable to tell someone yourself, and provide you with security and peace of mind. For example, if you are unconscious or too unwell.

Medical alert identification

Medical alert identification (or medical alert ID) is usually a piece of jewellery, a watch or simply a small card which fits in your purse or wallet. They usually carry the international medical symbol and provide some personal information, such as your name and medical condition or allergy, which immediately tells someone you may need help.

Personal alarms

These usually consist of a pendant which can be worn on the body, or attached to clothing, and a base unit which connects to your telephone. If you press the button on your pendant, for example if you fall and are unable to get up, a signal is sent to an operator within the monitoring team. The operator is then able to talk to you through a loud speaker on the alarm base.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

Heart Helpline

Our cardiac nurses and information support officers are here to answer your questions and give you all the heart health information and support you need.

Call us on 0300 330 3311

Similar cost to 01 or 02 numbers.
Lines are open 9am - 5pm Monday to Friday.

This information does not replace the advice that your doctor or nurse may give you. If you are worried about your heart health in any way, contact your GP or local healthcare provider.

Where to find these products and services

There are lots of companies and organisations who offer these products and services.

The BHF does not endorse, recommend or work with any of the companies on this list.

Age Concern Personal Alarm Service

Age concern offers a small personal alarm, which can be worn either on the wrist or as a pendant. The alarm connects to a 24 hour emergency response centre. For more information visit aidcall.co.uk/personalcare or call **08000 113846**.

Appello (formerly called CarelineUK)

Appello provide a simple 24 hour personal alarm monitoring system. For more information visit carelineuk.com or call **03333 216451**.

MediPAL

MediPAL provide medical ID cards and a lifelong subscription service. For more information visit medipal.org.uk or call **08456 034604**.

Medi-Tag

Medi-tag provide medical jewellery, supported by a 24-hour emergency telephone service, as well as a wide range of other healthcare products. For more information visit medi-tag.co.uk or call **0121 200 1616**.

The Medic-Alert Foundation

The Medic-Alert Foundation is a global charity who provides medical jewellery, supported by a 24-hour emergency telephone service. They also provide ongoing education to healthcare professionals to ensure their products are easily recognised. For more information visit medicalert.org.uk or call **01908 951045**.

Utag

Utag provide a range of ID products and accessories, including clothing and a digital dogtag. For more information visit utagice.com or call **08458 723202**.