

## What to do if someone has collapsed and is not responding, and may be in cardiac arrest

Think DRS, ABC.

### **D** = Danger

Check for **danger**. Approach with care, making sure that you, the person and anybody nearby are safe.

### **R** = Response

Check for **response**. To find out if the person is conscious, gently shake him or her, and shout loudly, 'Are you all right?'

### **S** = Shout

If there is no response, **shout** for help.

You will need to assess the person and take suitable action. Now, remember **ABC** – **airway, breathing, CPR**.