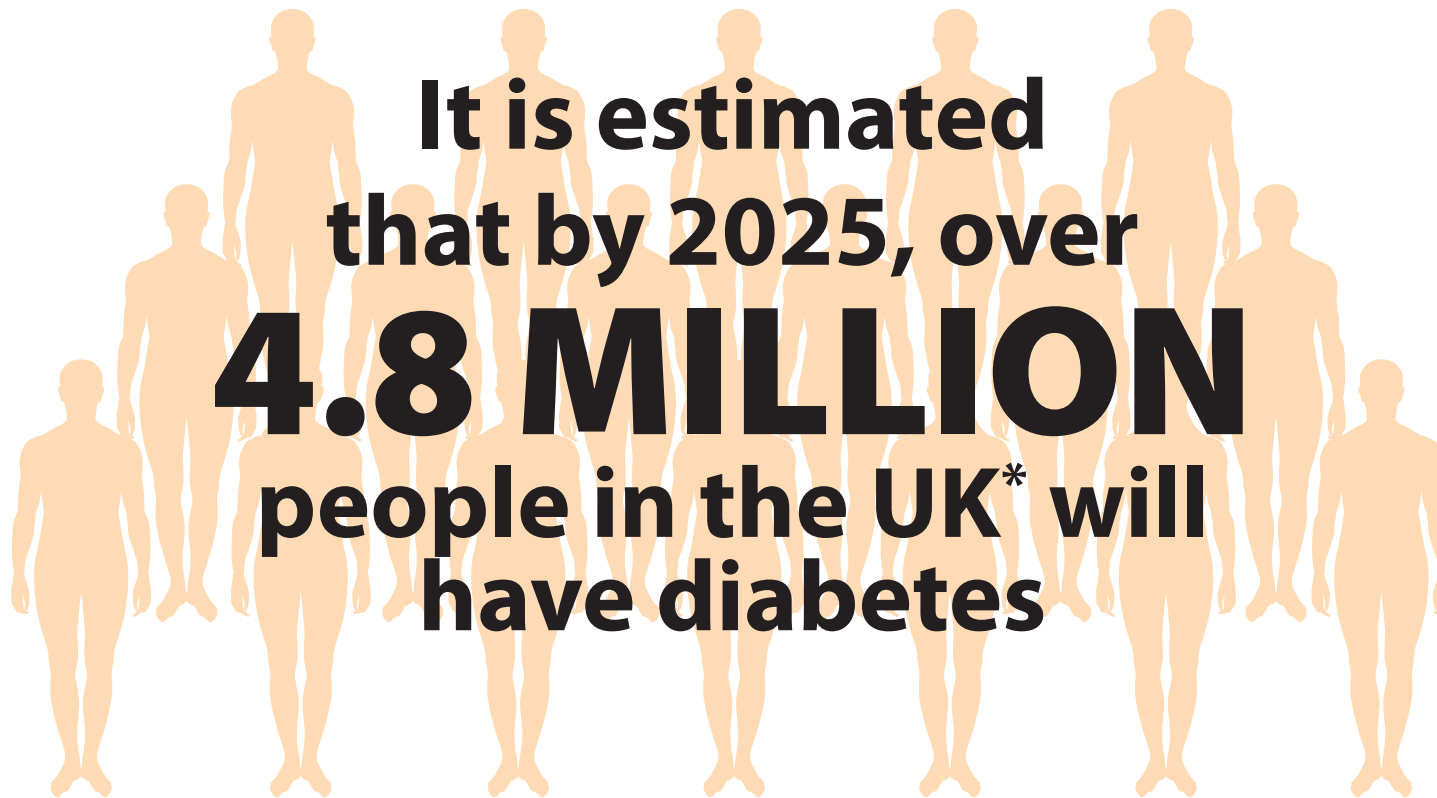


## Session 11

# Preventing diabetes

Diabetes significantly increases the risk of coronary heart disease and can lead to other serious health problems.

The background of the central text area features a collection of orange silhouettes of human figures of various sizes, arranged in a way that suggests a diverse population. The silhouettes are semi-transparent, allowing the text to be clearly visible over them.

**It is estimated  
that by 2025, over  
4.8 MILLION  
people in the UK\* will  
have diabetes**

*\* excluding Northern Ireland*