

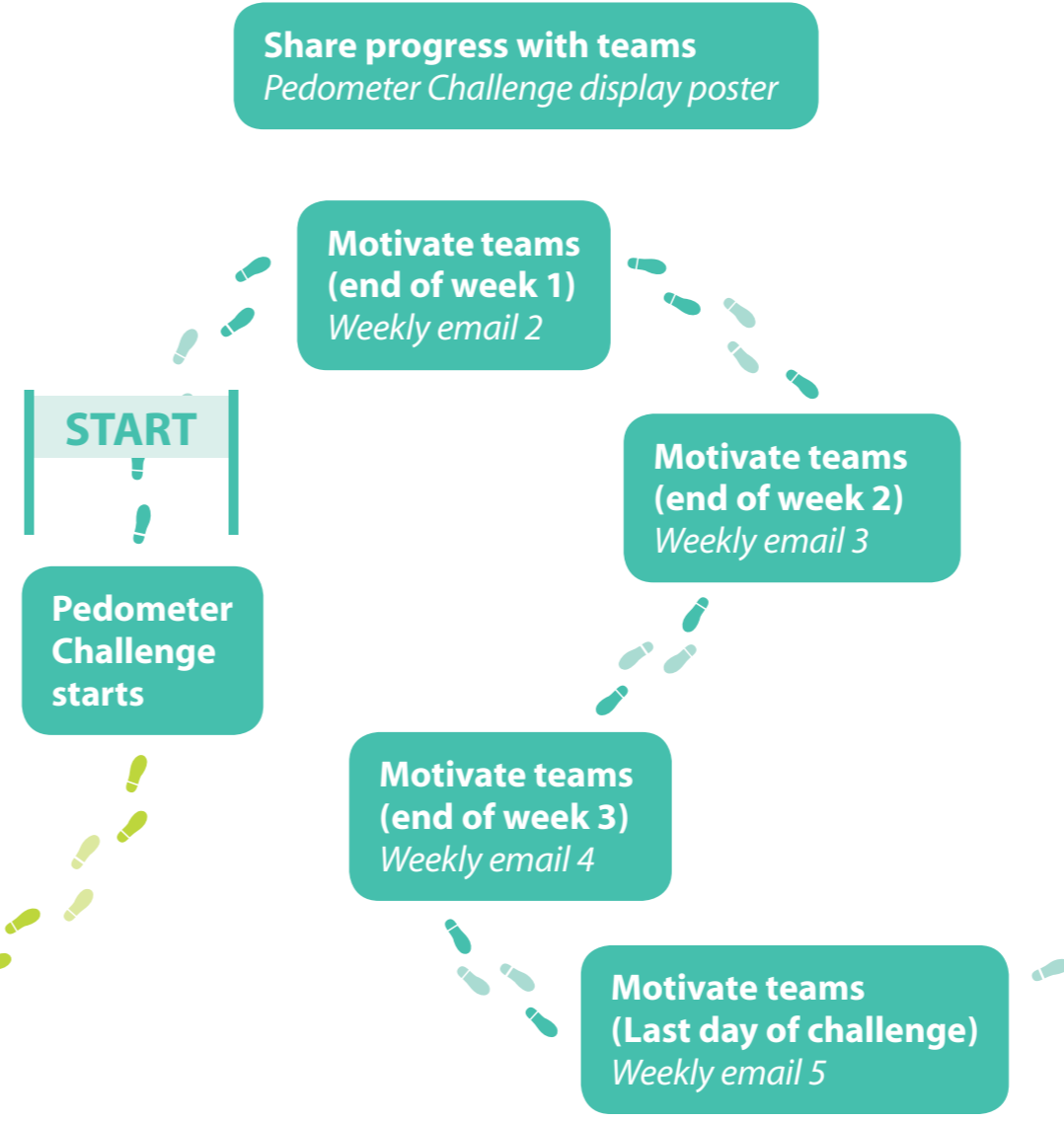


2-3 months before challenge starts



2-3 weeks before challenge starts

1 day before challenge starts



During the challenge



Within 1 week of challenge end