

Pedometer Challenge

Mission briefing

MISSION VERY
POSSIBLE!

TOP SECRET

Agents

Thanks for registering your team for the
We're now ready to reveal your special virtual destination.

Your team's mission is to walk all the way to

Of course, we're not asking you to drop everything and actually go there! But as you count up your steps collectively, we'll see if you can cover the equivalent distance. It's a big challenge, but with plenty of teamwork and dedication, we think you're up to it!

The challenge starts on . We'll be in touch with more information and tips before then and every week throughout the challenge.

Time to start limbering up!

PS: To find our more about the Pedometer Challenge, please contact
at



**HEALTH
AT WORK**

