



**NORTHERN
IRELAND**

Thank you Northern Ireland

You've helped us in the fight for every heartbeat

British Heart Foundation (BHF) Northern Ireland's staff, volunteers and supporters have been working hard to help fund pioneering research and provide vital services and support for people living with heart and circulatory problems.

There are around 225,000 people living with cardiovascular disease (CVD) in Northern Ireland. It accounts for more than a quarter of all deaths, meaning 4,000 lives are lost to CVD every year. About 1,100 of these are premature (under 75 years of age).

In the past year, we raised £1.1 million towards our fight against CVD in Northern Ireland and we invested £2.3 million on activities in the local area, including on research and support for all those affected by heart disease.

Please read on for a snapshot of our successes in Northern Ireland over the last year.



9 pioneering research projects

As part of our world-class research programme, we approved funding for two major projects this year at Queen's University, Belfast. Through our ongoing projects in Northern Ireland, we're currently investing £2.5 million investigating all aspects of heart and circulatory disease.



677 Heartstart schemes

Our Heartstart schemes provide free cardio pulmonary resuscitation (CPR) and other emergency skills training in schools and communities. Thousands of adults and school children in Northern Ireland attend each year.



75 defibrillators

With your help the BHF has placed life-saving defibrillators across the country, in the places they're needed most. Since 1996, we've placed more than 75 in Northern Ireland, including seven in the last year.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

The numbers in this document are unaudited



3 Hearty Lives projects

Our Hearty Lives programme aims to reduce heart health inequalities, and since 2009 has helped nearly 160,000 people across the UK fight back against cardiovascular disease (CVD). In 2013-2014, we had initiatives in Carrickfergus, Cookstown and Craigavon.



107 healthcare professionals

We support many healthcare practitioners, including specialist heart nurses, so they can care for and advise heart patients in hospitals and the community in Northern Ireland, improving their quality of life.



6,500 Heart Matters members

Our free membership scheme includes a vibrant and informative magazine which drops through thousands of letterboxes across Northern Ireland. You can become a Heart Matters subscriber by joining up at bhf.org.uk/heartmatters



182 Health at Work members

Our rapidly growing scheme helps organisations and firms in Northern Ireland promote workplace health and wellbeing. Our Health at Work members are encouraging thousands of their colleagues to get active and eat well at work, quit smoking, or try to improve their general wellbeing.



Heart health information

Last year we provided 129,000 items of heart health information to healthcare professionals, parents, teachers and health organisations in Northern Ireland, including booklets, posters, leaflets and DVDs. These resources are helping people cut their risk of heart disease or manage their heart condition more effectively.



11 BHF shops and stores

Our dedicated staff and volunteers raised thousands of pounds in profit across Northern Ireland to fund our life-saving research.



405 volunteers

We're privileged to have so many valuable volunteers who give their time and energy to fight for our cause. In Northern Ireland 335 volunteers work with our retail stores plus a further 70 fundraising volunteers in the community. Visit bhf.org.uk/volunteer to find out more about the ways you can help us.



Over £700,000 in fundraising

From the supporters who committed to a monthly gift, to the active individuals who supported us by taking part in our outdoor events, we saw over £700,000 in funds flood in from Northern Ireland to help us continue our cutting-edge research.



£300,000 of legacies left in wills

Over 40 per cent of our life-saving research is funded by people leaving gifts in their wills. In Northern Ireland over the past year, we received over £300,000 from wills towards funding our ground-breaking research into CVD.