



British Heart  
Foundation

# Clear out or keep?

Did you wear it last year?

**Yes**

**No**

Try it on.  
How do you feel?

**Not sure**

Does it fit?

**Great!**

Did you recently spruce up your  
wardrobe for the new season?

**Yes**  
(Feeling smug)

**No,**  
but it might someday

Is it torn, broken  
or stained?

**No**

**Yes**

Are you lying? → **Yes**

**No**

Is this item one  
of your top 20?

**No**

Can you fix  
it now?

**Yes**

**No**

**Yes**

Will you wear it in 2020?

**No**

Did you do it?

**No**

**Yes**

**Yes**

How would you feel if you saw  
a stranger wearing it?

  
**Recycle it**



**Keep it**

**Furious!**

**Flattered**

