



LONDON TO BRIGHTON OFF ROAD BIKE RIDE 2026 CONSENT FORM FOR 16-17 YEAR OLDS

Thank you for registering for our London to Brighton Off Road Bike Ride 2026. As you are aged between 16 – 17 years old, you need to complete the form below, with your Parent or Guardian's signature agreeing that you can take part in the bike ride. **You also need to tell us the name and address of the person you will be riding with on the day. To take part, they will need to register and pay for their place separately.**

16 - 17 YEARS OLD

First name*:

Last name*:

Home address*:

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Postcode*:

Date of birth*:

Parental consent

I agree to the terms and conditions (please see here: [Terms and conditions - BHF](#)) of the London to Brighton Off Road Bike Ride and the young person named above has my permission to take part:

Parent/Guardian name*:

Parent/Guardian Signature*:

Date*:

Details of accompanying adult (over 18 years old) taking part in the London to Brighton Off Road Bike Ride:

First name*:

Last name*:

Once complete, please return this form to:

British Heart Foundation

Compton House

2300 The Crescent

Birmingham Business Park

Birmingham

B37 7YE

Or scan the completed form and email to heretohelp@bhf.org.uk

Please return this form to us asap to guarantee your place on the bike ride.

Please note we are unable to confirm your place on the bike ride and send your rider number/other event information until we have received your completed registration form.

We're here to help so please give us a ring on 0300 456 8355 or email heretohelp@bhf.org.uk if you have any questions.

British Heart Foundation registered charity in England and Wales (225971) and in Scotland (SC03942)

