



Role Profile

Join our Online Patient Information Panel

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| Role | Patient Information Panel Member - Online |
| Type of Opportunity | Joining a patient panel |
| Time Commitment | <ul style="list-style-type: none">• Regular consultation via email / teleconference• Contribute to quarterly discussion sessions where possible |
| Expenses | <p>We are able to reimburse reasonable expenses for travel and overnight accommodation where agreed in advance.</p> <p>We are able to book your travel and accommodation in advance if necessary.</p> |
| Support from BHF | <p>We will assign you a key contact within BHF who will be in regular contact with you through email or telephone for information, advice and support.</p> <p>We will send you information to provide more detail on what to expect in the role and give you more insight into how resources are produced at the British Heart Foundation.</p> |

Background to the project

To help support people with heart or circulatory conditions, and those at risk, we provide information through the hundreds of free publications we produce. We want to make sure that heart patients, their families and people who want to learn about their conditions and living a healthy lifestyle have the information they need.

The publications we produce include booklets, leaflets and our flagship magazine, Heart Matters (bhf.org.uk/heartmattersmag). We also produce online information ranging from our 'heart health' webpages (<https://www.bhf.org.uk/heart-health>) to short films, animations and interactive tools.

At the British Heart Foundation we have a dedicated team who produce our wide range of resources. They provide information on different conditions, medications, advice on leading a healthy lifestyle and much more.

Have a look at our website (bhf.org.uk/publications) to find out more about the resources on offer.

**FIGHT
FOR EVERY
HEARTBEAT**

What is the role about?

We have created a patient panel to help us ensure the resources and information we provide are easy to understand and provide the public with the knowledge they're looking for. The panel, of around 45 people who have been affected by heart or circulatory disease, will attend quarterly discussion sessions to share their views.

We are **now growing our online group**, who will sit alongside this panel, and will be asked to share their views online (e.g. over email) or by phone. This will ensure we are able to gather input from a larger and more diverse group of people.

Panel members will provide feedback on new ideas for resources and share their thoughts as the content and resource is being produced.

Some requests for feedback will be related to your specific condition or experience, whilst others will be more general and relevant to everyone affected by heart or circulatory disease.

Role Responsibilities

Members will share their experience of living with heart or circulatory disease to help shape and produce resources that best meet the needs of patients.

To ensure we can get as much insight as possible we may ask you to:

- look at some of our existing booklets to suggest how they can be improved
- suggest ideas for new Heart Matters articles or short films
- read a draft booklet to make sure it is easily understood by heart patients
- look at an outline for an animation about heart research, to make sure it can be understood by the general public
- review updated 'heart health' web pages and ensure they are accessible and easy to understand

You will be asked to:

- comment on draft booklets, short films or animations via email or teleconference
- make suggestions about what type of information would be helpful to other patients
- gain views and insights from your own wider patient networks to feed into discussions
- share your views in a considered and constructive way, maintaining confidentiality when needed

Skills and Experience

It is your personal experience of heart or circulatory disease that is most important for this role, so you do not need to have any particular expertise or knowledge.

In particular, we are looking for people who:

- have a keen interest in helping us develop the information we provide to support those affected by heart or circulatory disease
- are able to constructively describe what works well, or not so well, when discussing booklets, articles, or online content such as short films
- have good communication skills with an ability to listen to and respect differing opinions and are able to express their own views clearly and appropriately
- have the confidence to voice their opinions openly and to participate productively in group discussion

How to apply

If you are interested in applying, please send a brief summary (max 500 words) to heartvoices@bhf.org.uk, with the subject line 'Patient Panel Application'.

In particular, please tell us:

- how you have been affected by heart disease
- why you would like to get involved
- what you think you can bring to the role
- if you are interested in joining the patient panel or the larger online group only (for people who are unable to travel or attend regular meetings)

Contact us:

If you have any questions or would like to discuss anything further please do not hesitate to get in touch.

You can email us at heartvoices@bhf.org.uk or call 0207 554 0426.