



Nigel Tottman Memorial Swim - 03/03/2018 (Camberley Swim)

Arena Leisure Centre, Grand Avenue, Camberley GU15 3QH

Please complete one form per participant. This needs to be handed in to Suzanne Tottman on the day of the event.

ABOUT YOU

Title: First name: Last name:
Home address:
Postcode: Date of Birth:
Email Address: Main contact number (tel):
Next of kin name: Next of kin contact no:
Name of school / team / group:

REGISTRATION

**Entry is free. There is no age restriction to take part but you must be able to swim at least 1 length.
You should decide your target number of lengths before approaching sponsors (you may swim up to 50 lengths on the day).**

Entry type (please tick): Adult Child (under 18)

I hope to swim lengths and raise approximately £.....

Start times (please tick): 5.30pm (for younger or slower swimmers) 6.30pm (for older or faster swimmers)

NOTE: For under 18s

For a participant under the age of 18 to take part in this event, an adult must give permission by signing the declaration above. If you are an adult signing on behalf of someone under 18, please provide your name and relationship to the young person below. Please also note that we will communicate details about this event using the participant email address provided above.

Adult Name: Relationship to young person:

Declaration: I confirm that I have read and agree to the terms and conditions set out at bhf.org.uk/eventsterms

Signature: Date: / /

JOIN THE FIGHT

Hear about our latest research, campaigns and how you can support our life saving work.

- Yes please, I'd like to hear from you by email Yes please, I'd like to hear from you by text message
 No thank you, I don't want to hear from you by post No thank you, I don't want to hear from you by telephone

We will never share your details with anyone else and will keep them safe. You can change the way you hear from us at any time by emailing supporterservices@bhf.org.uk or calling 0300 330 3322. Find out more in our Privacy Policy at www.bhf.org.uk

Please note participants take part at their own risk. If you have any medical conditions which could be adversely affected by exercise, particularly a heart condition, please consult your doctor.

- It is sensible to avoid eating a large meal before swimming
- Entrants must abide by the rules of the swimming pool at all times and follow instructions from officials at all times
- All children participating in a BHF sponsored swim remain the responsibility of their parent or guardian at all times, including in the changing rooms
- The British Heart Foundation CANNOT accept responsibility for loss or damage to personal effects, injury or illness to any participant or to the general public and their property
- Please note that taking photographs at our swims is prohibited, except BHF general pictures for publicity purposes. There may be scope for photographs at swim presentations if parental consent is given.

TERMS AND CONDITIONS: All submitted applications are received by the BHF on the basis that the participant agrees to the terms and conditions which can be found at bhf.org.uk/eventsterms. A copy can be requested by contacting us on 0300 330 3322 or via events@bhf.org.uk