



We'll support you in creating a fun filled Calendar of Events

Our Year of Fundraising

JAN	FEB	MAR	APR
	WEAR IT. BEAT IT. Wear red Day!	DECHOX Give up chocolate for March!	
MAY	JUN	JUL	AUG
MYMARATHON i'm running!	1 - 7 Volunteers week	JUST WALK	
SEPT	OCT	NOV	DEC
BAG IT. BEAT IT. Donate to BHF shops!	Restart a Heart Day		QUIZMAS
29 - World Heart Day Collection		27 - #GivingTuesday	

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

For more fundraising ideas visit bhf.org.uk/fundraising or contact your local Fundraising Manager.

