

## **Clinical Study Guidelines (Observational)**

Please provide a brief description of your observational clinical study, based on the headings below:

### 1. Study design

Describe the study design proposed.

### 2. Study population

Describe the inclusion and exclusion criteria. Include details of the source of the study population – for example, is the population a random sample from the larger population or are study participants obtained from a disease register?

# 3. Including a representative study population and recruiting people from underserved groups

Describe the demographics of the population that is affected by the condition being studied (e.g. age, sex/gender, ethnicity). Explain how you aim to recruit a diverse group of participants that represent the relevant population, including underserved groups (see NIHR guidance on defining and including under-served groups).

## 4. Measures of exposure

Describe the main exposures of interest and how they will be assessed if appropriate.

### 5. Confounding factors

Describe the main anticipated confounding factors, how they will be measured and any proposed adjustment for confounders.

#### 6. Outcome measures

Describe primary and secondary outcomes measures. Explain how outcomes will be measured.

## 7. Follow-up

Provide details of frequency and duration of follow up.

### 8. Proposed sample size

Specify the number of participants and centres in the case of multi-centre studies.

#### 9. Power calculations

Give details of the estimated effect size, power and/or precision employed in the calculation. Justify the estimated effect size and the assumptions underlying the sample size calculations.

#### 10. Loss to follow up

Provide details of any anticipated loss to follow up and explain how these will be dealt with.

## 11. Planned subgroup analysis

Describe any planned subgroup analysis, including any sex/gender stratified analysis. If you are not planning to perform a sex/gender stratified analysis, please justify why not.

### 12. Bias

Identify potential sources of bias and explain the methods used for protecting against such bias.

# 13. Statistical analysis

State the purpose, proposed type and frequency of any statistical analyses, including the selection of participants to be included in the analyses.

#### 14. Data access

Describe the data access arrangements.

### 15. Data and sample storage

Describe the processes for data and sample storage and archiving.

## 16. Flow diagram

Please include a flow diagram (single-side of A4) for submission with your application form. This should illustrate the study design and the flow of participants.

## 17. Project timetable including recruitment rate

- Describe how recruitment will be organised, the time period over which it will take place, and evidence that the planned recruitment rate is achievable.
- Please include the following information:
  - o the process for identifying potentially eligible participants
  - o the proportion of potentially eligible participants who will fulfil the inclusion/exclusion criteria
  - o estimated consent rates
  - details of ongoing studies that are competing for the same group of participants or whose results may affect recruitment
  - o results of any pilot study indicating that planned recruitment targets can be achieved.
- Provide a timeline for the study.