



Lake District 8 Peaks Challenge



Pit yourself against one of the toughest challenges that the UK has to offer, as you take on 8 of the Lake Districts most famous peaks. Set against the dramatic backdrop of the Lake District National Park you'll put mind and body through the ultimate test, as you tackle some of the most demanding and rugged mountains in England.....in just a single day.

The challenge is to summit all 8 peaks, taking on famous mountain names such Scafell Pike and Great End, you'll trek through the heart of some of the most majestic scenery in the country, pushing yourself to ever greater limits. Not for the faint hearted, this is a tough challenge and should not be undertaken lightly however the sense of achievement is tremendous. The terrain is extremely varied and involves some very steep ascents and descents and anyone undertaking this challenge should be comfortable with taking on peaks such as Snowdon, Ben Nevis and Scafell Pike.

The Challenge!

Arriving early in the morning, your adventure begins in the heart of the Lake District in Great Langdale, where you'll register and meet up with your fellow trekkers and enjoy a pre-trek briefing and a nourishing breakfast.



We need to be soon under way, departing towards our first peak of Rossett Pike (651m). Once you've got your breathe back, the views from up here are exhilarating in the early morning.

From here we need to descend and cross the Central Fells before beginning our climb to the summit of Scafell Pike, the highest mountain in England (978m). Ringed on all sides by crags, the expansive views from up here take in Helvellyn to the north, Crinkle Crags and Windermere to the south-east and, on a clear day, the Isle of Man to the west. Alfred Wainwright called this landscape, "...the true Lakeland of the fell walker" and it is easy to see why.



From here it is time to dig deep where we will continue ticking off the summits as we make our way East towards Great End (910m) before making our final traverse across Esk Pike and Bowfell. We finally begin our descent back into Great Langdale to complete our challenge and celebrate our achievement.

Arriving back in time to celebrate and enjoy some much needed food before we say our farewells and drag our weary legs back home.



Please note: there is no accommodation arranged for this event, so you may wish to consider booking a night's accommodation to rest up from the challenge. If you are returning home by train please make sure you have booked an open ticket, as timings will depend very much on the group's speed and ability.

The Challenge!

The full list of the 8 Peaks is as follows:

1. Rossett Pike (651m)
2. Allen Crag (784m)
3. Ill Crag (930m)
4. Broad Crag (934m)
5. Scafell Pike (977m)
6. Great End (907m)
7. Esk Pike (885m)
8. Bowfell (903m)