



SUPPORT MY CHALLENGE

My fundraising target:

£

Why I'm taking on the London to Brighton Bike Ride 2016:



Your donation powers research

Heart disease strikes without warning, leaving families devastated. But with your support we can end that devastation.

£5

pays for 125 microscope slides, essential for our researchers studying faulty heart cells

£10

pays for a researcher toolkit, containing all the test-tubes, flasks, dishes and gloves a team of heart attack researchers will use in a day

£25

pays for one hour of research by our early career scientists to better understand how to diagnose, prevent, treat and cure heart disease

Challenge participant details

Full name:

I have enclosed a total of £

Name of challenge:

Date:

Address:

PLEASE SEND YOUR COMPLETED FORM TO:

**British Heart Foundation Events Team
Lyndon Place
2096 Coventry Road
Sheldon B26 3YU**

Postcode: Phone:

Make cheques payable to British Heart Foundation. Please don't send cash in the post.

Email:

Collect donations online

Raising money online is quick and easy for you and your sponsors, as your donations are automatically sent to us. Search for your event and set up your online fundraising page at: justgiving.com/L2B2016

Turn every £1 raised into £1.25 through Gift Aid

If your sponsors are UK taxpayers, don't forget to ask them to Gift Aid their donations. By reclaiming tax on their donations, we can turn every £1 into £1.25 – and it doesn't cost them a penny extra. Just ask your supporters to write their full name, home address, postcode, and to tick the Gift Aid box overleaf.

Need another form? You can photocopy this form as many times as you like

Proud Partner of
BHF Cycling Events

Proud Sponsor of
BHF Cycling Events

FIGHT FOR EVERY HEARTBEAT
bhf.org.uk



Donate to power life saving research

If you're a UK tax payer, you can turn every £10 donation into £12.50 at no extra cost with Gift Aid.

Remember, you must provide your full name, home address, postcode and tick the 'Gift Aid my donation' box for BHF to claim tax back on your donation.

Full name	Home address	Postcode							Gift aid*	Sponsorship total	Date paid	Hear more from BHF**
		S	W	1	4	8	L	W				
Joe Bloggs	My house, my street, my town	S	W	1	4	8	L	W	<input checked="" type="checkbox"/>	£ 20.00	26/06/16	<input checked="" type="checkbox"/>
									<input type="checkbox"/>	£ .		
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Total Donations £ (donations without Gift Aid)	Total Gift Aid £ (donations with Gift Aid)
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Get in touch. Visit bhf.org.uk/L2Binfo, phone 0300 456 8355 or email bikeride@bhf.org.uk

* If I have ticked the box headed 'Gift Aid my donation', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want BHF to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations to charities and CASCs in the current tax year it is my responsibility to pay any difference. I understand the charity will reclaim 25p on every £1 that I have given.

Data Protection
** Please tick in the 'Hear more from BHF' column if you would like to hear from us by post.
Please let us know if you want to cancel the declaration, change your name and/or address or no longer pay sufficient tax on your Income and/or Capital Gains.

