



HOW TO REACH YOUR FUNDRAISING GOAL

You've signed up, you've got the right kit and you've started the training rides, but the next daunting task is reaching your fundraising target – where do you begin? We've put together some fundraising ideas to help you get started!

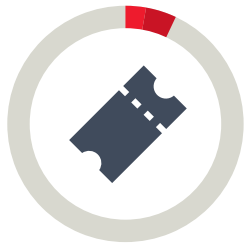


How much could you raise?

£100

Super sweepstake

Who will win Wimbledon? How many sweets are in the jar? Set up a sweepstake and watch the pounds pour in

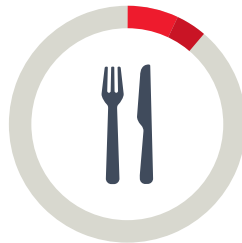


How much could you raise?

£150

Raffle

Get local businesses to donate raffle prizes and sell tickets to give your fundraising a boost



How much could you raise?

£150

Silver service

Create a meal out experience at your home for your friends or family. Ask them to pay what they would in a restaurant



How much could you raise?

£150

Put the kettle on

Most people need a coffee to get their day started, so how about holding a Coffee Morning?



How much could you raise?

£150

A tidy profit

Lend your friends or family a helping hand. Mow the lawn, tidy the garage or walk the dog and donate your fees to charity



How much could you raise?

£200

Get competitive

Put on a football, soft ball or rounders tournament and invite local businesses to take part for an entry fee



How much could you raise?

£200

Life saving lunch

Get in the sandwiches, sausage rolls, soup and salad – and invite your colleagues to make a life saving donation



How much could you raise?

£250

Bag it. Beat it.

Take the fight to heart disease by organising a bag pack at your local supermarket



How much could you raise?

£250

A piece of cake

Bake your way to your fundraising target by holding a cake sale at work or in your local community



How much could you raise?

£250

BBQ bonanza

Have a summer BBQ. Make the food with a group of friends or colleagues and ask people for a donation to attend



How much could you raise?

£250

Battle of the bands

Organise a live music night, or a battle of the bands and charge an entry fee



How much could you raise?

£300

Quiz night

Hit the books, take to the pub and hold a quiz night at your local



How much could you raise?

£300

Zumbathon

Shake it for a good cause and organise a fun fundraiser using the dance fitness Zumba!



How much could you raise?

£400

Wear it red

Ask local schools or businesses to hold a 'Wear Red Day' and raise vital funds for our vital research



How much could you raise?

£400

Get social

Set up a JustGiving page and share the link with your friends, family and colleagues on social media or via email

Fundraising Target: Achieved

FIGHT FOR EVERY HEARTBEAT

bhf.org.uk

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