



British Heart Foundation

# SUPPORT MY CHALLENGE

My fundraising target:

£ .....

**My challenge and why I'm taking part:**

**Jack survived open-heart surgery**  
 My challenge is nothing compared to what he went through, and all I'm asking you to do is sponsor me. **Jack is alive thanks to donations from people like you.**



At just six days old, Jack had open-heart surgery that saved his life. Before the British Heart Foundation (BHF) was founded, eight out of ten babies born with a complex heart problem died before their first birthday. Over the last 50 years, the BHF has funded vital ground-breaking research meaning that today, more than eight out of ten babies survive to adulthood. But there's still so much work to be done. **Help more babies survive. Please donate now.**

## Challenge participant details

Full name: .....

Name of challenge: .....

Address: .....

.....

Postcode: ..... Phone: .....

Email: .....

I have enclosed a total of £ .....

Date: .....

**PLEASE SEND YOUR COMPLETED FORM TO:**  
 British Heart Foundation Events Team  
 Lyndon Place, 2096 Coventry Road,  
 Sheldon, B26 3YU

Make cheques payable to British Heart Foundation.  
 Please don't send cash in the post.

**Collect donations online**  
 Raising money online is quick and easy for you and your sponsors, as your donations are automatically sent to us. Search for your event and set up your online fundraising page at [justgiving.com/bhf](http://justgiving.com/bhf)

**Turn every £1 raised into £1.25 through Gift Aid**  
 If your sponsors are UK taxpayers, don't forget to ask them to Gift Aid their donations. By reclaiming tax on their donations, we can turn every £1 into £1.25 – and it doesn't cost them a penny extra. Just ask your supporters to write their full name, home address, postcode, and to tick the Gift Aid box overleaf.

**Need another form?**  
 You can photocopy this form as many times as you like.

## FIGHT FOR EVERY HEARTBEAT

bhf.org.uk

