



# ENTRY FORM

# GLASGOW TO EDINBURGH TREK 2018

**Online entry:** Adult participants and team members can enter online at [bhf.org.uk/events](http://bhf.org.uk/events).

**Email entry:** Please email this form to [events@bhf.org.uk](mailto:events@bhf.org.uk) and phone 0300 330 3322 to pay by card.

**Postal entry:** Send this form to British Heart Foundation, Lyndon Place, 2096 Coventry Road, Sheldon, Birmingham, B26 3YU.  
If you opt to pay by cheque please include this too.

## About you

Title: ..... First name: .....

Last name: .....

Home address: .....

.....

.....

..... Postcode: .....

Home no: .....

Work no: .....

Mobile no\*: .....

Date of birth: .....

Email\*: .....

\* If you are happy for us to keep you up to date about this event and our other work by email or text/ picture message please enter your preferred email address and/or mobile number above.

Company name: (if applicable) .....

Team name: (if applicable) .....

Team leader's name: (if applicable) .....

For safety reasons, please provide a number for contacting you at the event:  
.....

Next of kin name: .....

Next of kin contact no: .....

.....

.....

.....

How did you hear about this event? (Please tick all that apply)

- Poster/leaflet
- Magazine
- Email
- Postal mailing from the BHF
- Newspaper
- Facebook
- Radio
- Google search
- Word of mouth
- Twitter
- Online
- Other

Please help us by giving more detail about how you heard:

.....

Please tell us your reasons for taking part:  
(Please tick all that apply)

- I think it will be an enjoyable experience
- I want to improve my fitness
- Someone asked me to take part with them
- This event is easy/convenient for me to get to
- I want to do something new/different
- This activity is a hobby of mine
- I want to raise funds for the BHF's work

Please select the statement(s) that apply to you:

- I am raising money in memory of someone
- A family member/friend has been affected by a heart condition
- None of the above

## Your fundraising powers life-saving research

Your entry fee covers the cost of running the event. Your fundraising will help save lives. Help us keep more families together. Join our fight for every heartbeat.

Please tell us your fundraising target £ .....

## The distance

- 100km
- Day 50km

## Top Size

- S
- M
- L
- XL
- XXL

## Your registration

Please complete one form per participant

- Adult entry 100km £55
- Adult entry Day 50km £35
- Child entry 100km £55
- Child entry Day 50km £35
- I would like to give an optional donation of £.....
- I am a UK tax payer and would like to Gift Aid my donation so it is worth 25% more.\*\*

\*\*Yes, I am a UK tax payer and would like the BHF to reclaim the tax on any of the donations I have made in the last 4 years and any future donations I may make. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I gave up to 5 April 2008 and will reclaim 25p of tax on every £1 that I give on or after 6 April 2008.

Please turn over to complete the form  
**0300 330 3322**  
[events@bhf.org.uk](mailto:events@bhf.org.uk)  
[bhf.org.uk/events](http://bhf.org.uk/events)

**Payment options** (Please tick one)

- Cheque** Please make cheques payable to 'British Heart Foundation'  
 **Credit/debit card** Please tick here if you would like a call back to take payment over the phone.

**Total £** .....

**Declaration:** I confirm that I have read and agree to the terms and conditions set out at [bhf.org.uk/eventsterms](http://bhf.org.uk/eventsterms).

Signed: .....

Date: .....

For a participant under the age of 18 to take part in this event, an adult must give permission by signing this declaration.

Thank you for signing up for Glasgow to Edinburgh Trek 2018. We will be in touch with you regarding the event very soon.

**How would you like to hear from us?**

We would love to send you information on our life-saving research and how you can help us to keep more hearts beating through fundraising, events and volunteering opportunities.

Please tick below to tell us how you want to hear from us:

**Post:** Yes  No       **Email:** Yes  No       **Phone:** Yes  No       **Text:** Yes  No

We take your privacy seriously and will never sell or swap your details with third parties. You can withdraw your consent to be contacted at any time by calling 0300 330 332 or by emailing [heretohelp@bhf.org.uk](mailto:heretohelp@bhf.org.uk) Information about how we protect and use your personal data is set out in our privacy policy: [bhf.org.uk/privacy](http://bhf.org.uk/privacy)

**FIGHT FOR EVERY HEARTBEAT**

**bhf.org.uk**

© British Heart Foundation 2013, registered charity in England and Wales (225971) and in Scotland (SC039426)

