



# Inspire a room of lifesavers



In Norway 1 in 4 people survive. Why? Because CPR training is more widely taught in schools. Right now only 1 in 10 people in the UK survive a cardiac arrest.

**!** *Tell them how many people are in the room and how many of them would survive according to these stats.*

## Explain to students that CPR is a life saving skill

Play Samantha's story – on the DVD in your CPR kit.

**!** *Tell them about Samantha. A normal girl who did an extraordinary thing. Her mum stopped breathing and she saved her life.*



## Play lifesaver case study



A state-of-the-art kit from the British Heart Foundation that means you can train 35 people at a time.

**!** *Tell them about your CPR training session. If you do the training, it means that if the worst thing happens, you'll know what to do.*

## Reveal the CPR kit

**FIGHT FOR EVERY HEARTBEAT**

bhf.org.uk