



London to Henley Trek Support Driver Information 2018

Please make sure as a support driver you also have a route map (available at start) before departing

CHECKPOINT 1 GREEN SPACE, BARRY AVENUE SL4 5HZ

Checkpoint open: 9.30am – 12.30pm

Distance into route: 14.9km (9.3 miles)

PARKING: Pay and display carpark on opposite side of road

Facilities: Toilets, food available to buy at Barry's café and other local shops

CHECKPOINT 2

COOKHAM REACH SAILING CLUB, SL6 9SD

Checkpoint open: 11.30pm -4.30pm

Distance into route: 30.5km (19 miles)

PARKING: Free but limited

Facilities: Toilets, drinks and snacks to buy from catering van

CHECKPOINT 3

HURLEY LOCK, MICHAELAS TEA SHOP,

Checkpoint open: 2pm – 7.30pm (tea shop closes at 7pm)

Distance into route: 25.5m (40.8km)

PARKING: Free but limited and across the bridge from the checkpoint

Facilities: Toilets, drinks and hot and cold snacks to buy until 7pm

FINISH

MILL MEADOWN PARK, HENLEY, RG9 1BF

Checkpoint open: 4pm - Midnight

Distance into route: 51km (31.7miles)

PARKING: Pay and Display until 7pm, then it is free.

Notes: Extra parking at the railway station nearby

Facilities: Toilets, drinks and hot food to buy from catering van.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk



Organised in aid of the British Heart Foundation, a registered charity in England and Wales (225971) and Scotland (SC039426)