



Red for Heart Wine Tasting

Thanks for supporting National Heart Month with a Red for Heart wine tasting! You can use these templates for an event at home or with friends and colleagues. Of course, the dress code is strictly red!

Twelve to sixteen people is about right for one of these wine tasting parties. One bottle of wine can easily be poured in small amounts for this amount of guests. Print out copies of the simple scoring sheet below and ask each guest to score every wine. It's up to you whether you make it a blind tasting, with a prize for the person who correctly identifies the most wines, or show each bottle to the guests.

It's a good idea to provide simple, healthy hors d'oeuvres too. They help neutralize the palate between wines - try plain crackers or rice cakes. Collect the scoring sheet and tally the scores, then announce the winning wine!

These wine tasting parties can be very fun events. All guests should have no worries about how much they know about wine, so keep it fun and light. And please drink responsibly - for information on alcohol and your heart health, visit bhf.org.uk/alcohol

Don't forget to download extra games and our full fundraising kit from bhf.org.uk/red. Once you've held your event, you can pay in the grand total online at bhf.org.uk/red or call **0845 241 0976** for more options.

Have fun!

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of
red
for
heart



Red for Heart Wine Tasting Scoring Sheet



NAME:

	Wine 1	Wine 2	Wine 3	Wine 4
Appearance				
Aroma				
Body				
Taste				
Finish				
Main grape? (if blind tasting)				
Total				
Max	20	20	20	20

	5 Points	4	3	2	1 Point
Appearance	Clear, no off colors, leggy				Cloudy, off color, sediment
Aroma	Complex, flowery				Little or no aroma, vinegary
Body	Texture and weight feel in mouth				Little texture in mouth
Taste	Several flavors detected				Little or few flavors
Finish	Flavor lingers in mouth				Taste ends abruptly, no taste