

Where will your money go?

In 2009, our Red for Heart campaign raised over £1.38 million. We'd love you to help us raise even more in February 2010.

The funds you raise will go directly into the BHF's life-saving work. We invest in world-class, groundbreaking research and fund over half of all cardiovascular disease research in the UK. We also provide vital information to help people keep their own heart healthy and send out an average of 7,400 heart information booklets every day. We also support and care for patients with heart disease and their families.

Your fundraising will allow us to continue our vital work. These are just some of the things you can help us to do:

£10 could provide 25 callers to our Heart HelpLine with a heart information booklet.

£24 could provide an hour of specialist care from a BHF Heart Nurse to a heart patient and their family, providing practical and emotional support.

£124 could fund the cost of a Little Anne, a realistic adult mannequin used for cardiopulmonary resuscitation (CPR) training.

£500 could help to fund a cardiac nurse working on our Heart HelpLine for a full week.

£1,500 could fund a defibrillator, a machine that can restart the heart by giving an electric shock in some cases of cardiac arrest.

**Our work would not be possible without you.
Thank you for your support.**