



Red for Heart Cocktail Recipes



Thanks for supporting National Heart Month with our Red for Heart cocktail fundraising! You can use these recipes at your fundraising event or simply throw a house party with proceeds going to the BHF. Of course, the dress code is strictly red as well!

Please drink responsibly and don't forget our non-alcoholic 'mocktail' options below. For more information on alcohol and your heart health, visit bhf.org.uk/alcohol

Don't forget to download extra games and our full fundraising kit from bhf.org.uk/red. Once you've held your event, you can pay in the grand total online at bhf.org.uk/red or call **0845 241 0976** for more options.

Thanks and have fun!



CAPE CODDER

Method:

FILL a highball glass with ice. Add the vodka, cranberry juice and lime juice. Stir well. Serve garnished with a wedge of lime.

Recipe:

1 shot (25ml) vodka
3 parts cranberry juice
Dash of lime juice

BERRY CAIPIRINHA

Method:

MUDDLE lime and berries in base of glass. Add other ingredients and fill glass with crushed ice. Churn drink with bar spoon and serve with short straws.

Recipe:

$\frac{3}{4}$ fresh Lime cut into wedges
3 fresh Raspberries
3 fresh Blackberries
1 shot (25ml) Sagatiba cachaça
 $\frac{3}{4}$ shot Sugar (gomme) syrup





BAY BREEZE

Method:

SHAKE all ingredients with ice and strain into ice-filled glass.

Recipe:

1 shot(25ml) Absolut vodka
4 shot(s) Cranberry juice
2 shot(s) Pressed pineapple juice

RED BERRY MOJITO

Method:

Put the mint, sugar syrup, berries and lime juice in a highball glass. Using a wooden spoon, lightly mash together. Fill the glass with crushed ice and add the rum. Stir very well - you want to get the drink as cold as possible - cold enough for the outside of the glass to frost if possible. Top up with soda water, and serve with a sprig of mint and a straw.

Recipe:

Handful mint leaves
4 strawberries
4 raspberries
Juice of a lime
1 shot (25ml) white rum
Soda water



WATERMELON MARTINI

Method:

CUT watermelon into 16 segments, chop the flesh from one segment into cubes and muddle in base of shaker. Add other ingredients, shake with ice and fine strain into chilled glass.

Recipe:

1/16 fresh watermelon (diced)
1 shot (25ml) vodka
½ shot sugar syrup



RED HEADED MEXICAN

Method:

Combine tequila and lemon-lime soda in a rocks glass with ice. Add splash of cranberry juice. Garnish with lemon or orange peel.

Recipe:

1 shot (25ml) Tequila
4 parts 7-Up
Splash cranberry juice

SEX ON THE BEACH

Method:

Fill a highball glass with ice cubes. Add the ingredients in order. Serve garnished with a slice of orange.

Recipe:

½ shot vodka
½ shot peach schnapps
3 shots orange juice
3 shots cranberry juice



Mocktail Recipes



GENTLE SEA BREEZE

Shake a mixture of equal measures of cranberry juice and pineapple juice, and strain into a glass filled with crushed ice. Garnish with a sprig of mint.

BERRY GOOD

Method:

Roughly crush the fruit in a jug. Fill a cocktail shaker with ice and add the crushed fruit, sugar and cranberry juice. Shake well. Serve in a highball glass garnished with a Berry.

Recipe:

100g strawberries
100g raspberries
1 tablespoon caster sugar
200 ml Cranberry juice



CRANBERRY QUENCHER

Mix equal measures of Cranberry Juice and Orange Juice, pour over ice and top with Lemonade.